

DRUG AND VIOLENCE

Reports from various news sources around Africa and the western world have proven that violence and crime rates are on the rampage especially in such a time as this in which the whole world is faced with a serious pandemic.

Much efforts have been made to mitigate it but it seems still unsuccessful though in some nations to some extent it has been put under control. A lot of crimes and violence's are influenced by drugs. Youths make up the greatest number of people who consume hazardous drugs in our societies.

It usually starts from peer group influences in school, on campus and then to ghetto places. Violence takes different forms. It could be sexual, domestic, political etc. Political violence's are mostly regarded to be pioneered and sponsored by political figures either in the government or opposition prior to the fact that it is relating to politics and their perpetrators are mostly youths as they are the ones eligible enough to undertake such task. Political figures use such acts to intimidate their opponents which is why during elections campaign periods, crime rates and violence become exponential. Drug in this context becomes the underlying driving force for violence and crime. It stimulates, propels and accelerates it. It is a dangerous substance which could gradually become an addiction if proper care is not taken in consuming it.

Consequently, a lot of people, mostly youths have undoubtedly become addicted to it. Some can't go a day without it as they claim that it makes them feel high, expands and sharpens their thinking ability, makes them conscious, helps improve their ability to work harder, faster and longer than usual. Drugs like cocaine, tramadol, spark 5, koosh, k2, marijuana etc. could be hazardous and of negative effect to human health. Many drug consumers/users end up becoming mentally deranged thereby influencing their behaviours and attitudes to other people in society. Interestingly, drug and crime seem to be interrelated or intertwined to each other, in other words, they seem to have a serious relationship existing between them as one could give cause for the other.

Violence by nature does not produce good results, it always leads to destruction, remorse and to the worst extent, loss of lives. An important point worth noting is the fact that once somebody becomes addicted to certain drugs, they probably get the tendency of becoming careless also about taking bath, putting on clean clothes and eating good foods. For some, there would be loss of appetite and would only be able to eat enough after they have taken drugs.

And for others, their hunger for drugs would replace their hunger for food, so there would be more intake of drugs than food which as a result keeps them unhealthy physically and mentally. The amount of money some people spend on drugs could be wisely used to start small-scale business (es) but it is sad that a lot of drug addicts don't realise it and its effects on their economic status, so they go on with it, seeing it as a normal way of life for them.